

# Figure Demystified Workshop

With TERRY MIURA

## Materials List

**Portable Easel:** Please make sure that your easel can support the weight of a drawing board plus a large (19 x 24 or 14 x 17) drawing pad. In other words, pochade boxes aren't going to work.

### Drawing:

**Drawing Board:** If it doesn't come with clamps, be sure to get a couple.

**Drawing Paper:** I will provide

**Toned Paper:** I will provide.

**Charcoal Pencils:** Your standard General's charcoal pencils. 4B or 6B.

**Sanguine Pencils:** I will provide these. (If you want to get your own, get Stabilo Carbothello 1400/645)

**White Conte:** I will provide these.

**Xacto Knife:** please have a **new** no.11 blade. Dull blades are useless.

**Sand Pad:** You can get a sheet of 200 grit sandpaper at Home Depot

### Painting:

**Paints:** Oil paints. Unless otherwise noted, any brand will do, but avoid student grade paints such as Winton. Here are the basic colors we'll use.

Titanium White

Cadmium Lemon (not Cadmium Lemon "Hue")

Cadmium Red Light or Medium (not Cadmium Red "Hue") **or** Permanent Red by Rembrandt (much cheaper than cadmium)

Alizarin Crimson

Ultramarine Blue

Cerulean or Viridian

Yellow Ochre (**Don't** get Windsor Newton - too dark.)

Transparent Earth Red (Gamblin) or Transparent Oxide Red (Rembrandt)

Ivory Black

**Supports:** Stretched canvas, canvas boards, canvas panels are all acceptable. Bring several. If you want the best, look for oil-primed linen. 12 x 16 is a good size.

**Solvents:** Gamsol

**Mediums:** Not necessary, but if you're used to using mediums, bring your favorite.

**Brushes:** Bristle oil painting brushes, No.2, 6 and 8. Flats or filberts. No brights. No sables, synthetics, or other similar soft brushes. and please, **no worn out brushes!**

**Brush cleaning tank:** (aluminum plain air brush washing tanks are best. Glass jars with metal coil inside are also good.) -make sure they're air-tight. - fill it with GAMSOL. Little teeny cups are useless for cleaning brushes!

**Palette:** Glass is best. Wooden palettes are good too, but make sure you've used it before bringing to the workshop. No brand-new wood palettes.

**Palette knife:** an ordinary trowel shaped one. 3 inch blade length.

**Paper towels:** Bring the whole roll. I like Viva.

**Sketchbook** and pen or pencil.

**Panel Carrier** or some other way of transporting wet paintings.

**Trash bag:** For discarding paper towels. Grocery bags work well.

**Miscellaneous:**

Paint scraper (if you're using a glass palette)

Whatever easel/palette system you use, PLEASE be familiar with your equipment. Painting is hard enough without struggling with unnecessary frustrations. If you're a beginner, please do yourself a favor and do some paintings with the gear you plan to use at the workshop!!